### **PADI Open Water Course**

Thank you for choosing to Get Your PADI with us at Golden Rock Dive Center! We are very excited for you and you will have lots of fun in your course and for the rest of your dive life!

There are some very important aspects for getting started. Please review the process CLOSELY and do not hesitate to ask questions!

#### **PADI Medical Questionnaire**

Before anyone can start training in the water, the PADI Medical questionnaire must be reviewed. If you can answer "yes" to any of the medical questions, please print the attached questionnaire and information and take to your primary care physician/doctor to sign-off PRIOR to coming to St. Eustatius

The Medical Statement can be found on our website under the "Courses" tab.

### **Sign-up Methods**

You can choose to complete your theory learning on-line independently at home prior to arriving to St. Eustatius or you can purchase the manual and complete the theory on island with your instructor

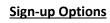
ELearning takes less time on island, but you are doing the theory independently.

The manual allows more individual time with your instructor to review all of the information. You must also watch the PADI video as well.

Let us know what you prefer and any questions you may have.

# **PADI Open Water Course Process**

www.goldenrockdive.com courses@goldenrockdive.com





"Touch" is for tablets and can work offline. ELearning is for laptops and works online www.goldenrockdive.com >
"Courses Tab > select
"eLEarning" link > select
Open Water Course in your
desired language

Pay for and create your eLearning access Total course price is reduced by this amount at the dive shop

Complete each section prior to arriving to the dive shop

Traditional Manual

Each student must have their own manual. Purchase from our dive shop or another

Complete each chapter and ALL of the Knowledge Review Questions at the end of each chapter PRIOR to arriving at the dive shop Watch the Video at Golden Rock Dive Center or can get from another dive center

Referral (start at home and finish here)

VERY IMPORTANT: make sure the certifying PIC is through Golden Rock Dive Center not another dive center. Can be either with Manual or eLearning

Complete the theory and confined/pool at a local dive shop near you Once in Statia, complete a review then the Open Water training dives

## After Theory is Complete: At the Dive Shop

- 1) Complete any quizes/exams, reviews and documentation
  - 2) Swim and Float Test
  - 3) Equipment assembly
  - 4) Pay balance for course

In Water Training:

- 1) 5 confined water sessions
- 2) 4 open water sessions

Complete all dive logs in the log book

Get your picture taken
Have a congrats drink
Get Certified!

## What to bring to the dive shop:

- Medical sign-off from doctor if any answers are "yes"
- Snacks, lunch (will have 1 hour lunch), refillable water bottle
- Towel, swimsuit, dry clothing
- Anti-seasick pills (such as Meclizine) if you are prone to seasickness